

APRIL TO
OCTOBER 2026

NOURISH

AFTER SCHOOL CLUB

WEEK 1

2 Nov, 23 Nov, 14 Dec, 18 Jan, 8 Feb, 8 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fish Fingers 1,8 or Quorn Sausage 1VG & Wedges	Assorted Toasted Panini – Ham & Cheese 1,5,6,7 or Cheese & Tomato 1,5,7 V & Baked Beans	Beef Burger in a Bun 1,3,5,6 or Vegetable Burger in a Bun 1,5,12 VG & Beans	Cheesy Pasta & Sweetcorn 1,7 V	Assorted Sandwiches 1,3,6,7
Assorted Sandwiches 1,3,6,7	Assorted Sandwiches 1,3,6,7	Assorted Sandwiches 1,3,6,7	Assorted Sandwiches 1,3,6,7	
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

WEEK 2

9 Nov, 30 Nov, 4 Jan, 25 Jan, 22 Feb, 15 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bacon Bap 1,5 or Quorn Sausage Bap 1,5 VG & Beans	Sausage in a Roll – meat or Quorn 1,3,5,6 & Baked Beans	Jacket Potato with Cheese & Beans 7 V	Chicken Burger in a Bun 1,5,12 or Bean Burger in a Bun 1,5 VG & Baked Beans	Assorted Sandwiches 1,3,6,7
Assorted Sandwiches 1,3,6,7	Assorted Sandwiches 1,3,6,7	Assorted Sandwiches 1,3,6,7	Assorted Sandwiches 1,3,6,7	
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

WEEK 3

16 Nov, 7 Dec, 11 Jan, 1 Feb, 1 March, 22 March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita Pizza Slice & Sweetcorn & Wedges 1,3,7 V	Sausage Roll – meat or Veggie 1,3,4,7,9 & Baked Beans	Chicken Nuggets 1 or Vegetable Nuggets 1 VG & Wedges	Pasta Carbonara or Cheesy Pasta 1,7	Assorted Sandwiches 1,3,6,7
Assorted Sandwiches 1,3,6,7	Assorted Sandwiches 1,3,6,7	Assorted Sandwiches 1,3,6,7	Assorted Sandwiches 1,3,6,7	
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

SALAD STICKS
SERVED DAILY

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian