

Burlington Weekly Reminders - 11th September 2026

★ **Diary Dates**

Monday 14th September	Y5 Anglo Saxon Workshop
Monday 14th September	Ex Y6 Silverstein return visit 3.30pm
Tuesday 15th September	Individual School Photographs
Wednesday 16th September	Y5 Wonderdome
Wednesday 16th September	Ex Y6 Eliot return visit 3.30pm
Thursday 17th September	Ex Y6 Zephaniah return visit 3.30pm
Friday 18th September	Y3 Parent meeting - 3.30pm

★ **Welcome Back!**

We hope you all had a lovely summer and enjoyed some time to relax. We hope that the children have settled happily into their new classes and routines. The start of a new school year is always an exciting time, and we are looking forward to a happy, successful year ahead and to working together with you to support the children throughout the year.

And a very warm welcome to our new families — we are delighted to have you with us!

★ **Flu Vaccination**

Please see the letter below about the flu vaccination. Please do complete the form. More information at the end of this email. The link to give or refuse consent is

<https://cypcis.kingstonandrichmond.nhs.uk/flu/2026/kingston>

★ **Individual School Photos**

Individual photos will be on Tuesday 15th September. Please ensure your child is in the correct school uniform.

Siblings

If you have a child in the infant school and would like a sibling photo you can come in between 8am- 8.30am in the Sports hall. Please note we will not be able to take photos after 8.30am.

Junior siblings will be taken during the school day.

★ **Nut Allergy Reminder**

Please remember that **nuts must not be brought into school**, including in children's packed lunches or snacks.

We have children and staff with nut allergies, which can cause serious and potentially life-threatening reactions. Please check the ingredients of anything you send in and ensure that it does not contain nuts.

Thank you for helping us keep our school safe for everyone.

★ **Free online SEND workshops for parents, carers and young people**

Join SENDIASS for free, confidential online workshops delivered by experienced SEND support professionals. These sessions provide independent, impartial advice, practical guidance, and the opportunity to connect with others on a similar journey.

- Free support for families of children and young people aged 0–25 with SEND
- Confidential sessions – not recorded
- Peer support and shared experiences
- Guidance from experienced SEND Support Workers

Whether you are considering an EHCP, responding to a draft plan, exploring SEND support available in school, or preparing for an appeal, these workshops are designed to help you feel informed and empowered.

[To join just click on the Teams 'join us' link on the day.](#)
[SENDIASS dates flyer.](#)

Keeping your children healthy this school year - a guide for parents and carers

As children are now back at school and we move closer to winter, now is a good time to think about some of the common illnesses that can affect children's time in school during the colder months.

[For more information please see this UKHSA guide to keeping kids healthy this school year for parents and carers.](#)

Calling all eco champions

Are you passionate about the planet? Do you have what it takes to create ingenious ways to tackle environmental issues? Then take part in the annual Rotary Young Environmentalist competition. (Up to the age of 17)

[More information here.](#)
[Poster here.](#)



South London Children and
Young People's Community
Immunisation Service

Kingston Immunisation Team

Phone number: 0203 903 3641

Email address: krft.kingstonimms@nhs.net

September 2026

Dear parent or carer,

**Your child's flu vaccination is now due.
The Immunisation Team will visit your child's school on 25th September 2026**

This vaccination is recommended to help protect your child against flu. Flu can be an unpleasant illness and can cause serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu. If you would like to know more about the flu vaccine, [please visit the NHS website](#).

Please discuss the vaccine with your child, and use the link provided to access and complete the electronic consent form:

<http://cypcis.kingstonandrichmond.nhs.uk/flu/2026/kingston>

Your child will be offered the live nasal flu spray or the injectable porcine-free flu vaccine. The nasal spray vaccine is a quick and simple spray up each nostril. Alternatively, you can choose for your child to have the injectable porcine-free vaccine. This is given as an injection into the upper muscle of the arm.

It is recommended that your child has the flu vaccine every year due to changes in flu strains circulating each year, even if they had the vaccine last year.

If you do not complete your child's consent form, you may be contacted by phone, text, or letter, to offer your child the vaccine. If you return a 'no' consent, we will not make any further contact this year.

We offer all children and young people the opportunity to receive their vaccinations in an appropriate and comfortable environment. Our teams hold clinics over the school holiday periods, some weekends, and after school sessions. Please contact your local immunisation team to book a clinic appointment, or for more information.

We have included some frequently asked questions about the flu vaccine below. If you have any queries about the flu vaccine, please contact your Immunisation team:

- Phone: 0203 903 3641
- Email: krft.kingstonimms@nhs.net

For more information on our Service and the consent process, [please see our privacy notice](#).

Yours sincerely,

Kingston Immunisation Team

South London Children and Young People's Community Immunisation Service is provided by Kingston and Richmond NHS Foundation Trust

Primary flu letter – August 2026

The Flu vaccine Frequently Asked Questions

Are there any side effects?

Possible side effects include:

- a blocked or runny nose
- feeling tired
- a headache
- a slightly raised temperature

More serious side effects, such as a severe allergic reaction are very rare. You cannot catch flu from either of the flu vaccines.

Does the vaccine contain gelatine?

The most common flu vaccine for children is the nasal flu spray. This contains a small amount of porcine gelatine.

If you do not consume porcine gelatine, you can choose to have the injectable flu vaccine. It does not contain any gelatine. Your parent or carer will have to select this option on the consent form.

What if I miss my vaccine at school?

Our Immunisation teams run catch-up clinics after school, at the weekends, and during the school holidays. Head to our website to see all the details of our clinics:

www.kingstonandrichmond.nhs.uk/services/service-search-z/immunisations-childrens

I had a flu vaccine last year - do I need another one?

Yes, every year, scientists predict the most likely flu strains based on flu seasons in other countries. Last year's vaccine will not protect you against this year's flu strains. Getting your annual flu vaccine is the best way to stay protected.

KIDS KARATE CLASS

E K K 英国
空手館
ENGLAND
KARATE
KAN
ASSOCIATION
Since 2003



**LEARN
LIFE SKILLS
IN & OUT THE DOJO!**



CONFIDENCE
Build self-belief
that lasts a lifetime.



DISCIPLINE
Learn focus, respect
and self-control.



FITNESS
Stay active, strong
and healthy.



FOCUS
Sharpen your concentration
and do your best.



FRIENDSHIP
Make great friends and
be part of a team.

**BUILD SKILLS.
BUILD CONFIDENCE.
HAVE FUN.**



URC CHURCH (KT3 6DR)
TUESDAY-
WEDNESDAY-
FRIDAY-

GRAHAM SPICER (KT3 4HL)
THURSDAY-

GREEN LANE DOJO (KT3 5BX)
SATURDAY-



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England Karate Kan Association

