

Burlington Junior School

Safeguarding in the Curriculum





Safeguarding in the Curriculum

Keeping Children Safe in Education

“Children should be taught about how to keep themselves and others safe, including online. It should be recognised that effective education will be tailored to the specific needs and vulnerabilities of individual children, including children who are victims of abuse, and children with special educational needs or disabilities.”

“Preventative education is most effective in the context of a whole-school approach that prepares pupils for life in modern Britain and creates a culture of zero tolerance for sexism, misogyny/misandry, homophobia, biphobic and sexual violence/harassment.”

Assemblies (whole school)

These themes are repeated throughout the school year and are delivered to a Y3/Y4 and Y5/Y6 assembly group.

- Ready, respectful, safe
- British Values
- Equality
- Young Carers
- Mental Health and Wellbeing
- Self-regulation
- British Values
- Firework/Bonfire Safety
- Water safety
- Road and rail safety
- Anti-Bullying
- Identity - LGBTQ+
- Safety in School (including OPAL)
- Disability
- Resilience
- Online Safety
- Consent and privacy
- NSPCC's PANTS
- Celebrating Differences
- Kindness
- First Aid
- Keeping Fit and Healthy
- Child on child abuse
- Respect for all
- Transition to new year groups
- Reporting concerns
- Where to get help
- Identifying visitors in school

Online Safety

Taught in PSHE and computing lessons.

- Strong, safe passwords
- Meeting people online
- Online and offline friendships
- Bullying
- Thinking critically about things I hear and read
- Screen time and mental wellbeing
- Where do I go to get help?

Additional Opportunities

- All children are made aware of safeguarding team and trusted adults they can speak to.
- Newsround - regularly discuss topical news events as a class.
- Opportunity for circle time in response to a class or whole school need.
- Risk assessments are reviewed with children when taking part in external trips and visits.
- Additional roles and responsibilities allow children to see democracy in action (e.g. school council).

PSHE - Key Themes

Being Me in My World

- Getting to know each other
- Facing new challenges
- Fears and worries
- Taking responsibility for my actions
- Rewards and consequences

Celebrating Differences

- Families: differences and conflict
- Bullying and words that harm

Dreams and Goals

- Facing challenges, achieving success
- Ambitions
- Recognising obstacles

Healthy Me

- Exercise, diet, keeping healthy
- Being safe outside school
- Emergency services and first aid
- Bodies belong to us (consent)
- Reporting Concerns
- Where to get help

Relationships (RSHE)

- Family roles
- Friendships
- Online safety

Changing Me (RSHE)

- Puberty - inside and outside body changes
- How babies grow
- Keeping ourselves clean (personal hygiene)

Year 3 Safeguarding in the Curriculum



British Values in the Curriculum (some examples)

Tolerance / Democracy / Rule of Law / Mutual Respect / Liberty

- **R.E.** - Follows the Kingston Agreed Syllabus (spiral curriculum) - Christianity, Islam and Judaism studied (learning about other cultures and beliefs).
- **Science** - Nutrition and balanced diets
- **Art** - Art heroes and artwork from other cultures
- **Music** - Listening to music from other cultures
- **English** - Fables (morality), The Great Kapok Tree (responsibility)
- **History** - What was happening in other parts of the world at this time? Is this the whole story?
- **Geography** - Rivers, rainforests (human impact)

Assemblies (whole school)

These themes are repeated throughout the school year and are delivered to a Y3/Y4 and Y5/Y6 assembly group.

- Ready, respectful, safe
- British Values
- Equality
- Young Carers
- Mental Health and Wellbeing
- Self-regulation
- British Values
- Firework/Bonfire Safety
- Water safety
- Road and rail safety
- Anti-Bullying
- Identity - LGBTQ+
- Safety in School (including OPAL)
- Disability
- Resilience
- Online Safety
- Consent and privacy
- NSPCC's PANTS
- Celebrating Differences
- Kindness
- First Aid
- Keeping Fit and Healthy
- Child on child abuse
- Respect for all
- Transition to new year groups
- Reporting concerns
- Where to get help
- Identifying visitors in school

Online Safety

Taught in PSHE and computing lessons.

- Online bullying
- Posts and sharing posts
- Changing and copying posts / messages
- Screen time limits and mental wellbeing
- Where do I go to get help?

Additional Opportunities

- All children are made aware of safeguarding team and trusted adults they can speak to.
- Newsround - regularly discuss topic events as a class.
- Opportunity for circle time in response to a class or whole school need.
- Risk assessments are reviewed with children when taking part in external trips and visits.
- Additional roles and responsibilities allow children to see democracy in action (e.g. school council).

PSHE - Key Themes

Being Me in My World

- Rights, responsibilities
- Democracy
- Rewards and consequences

Celebrating Differences

- Prejudice and judging by appearances
- Bullying and problem solving
- First impressions

Dreams and Goals

- Hopes and dreams
- Broken dreams
- Overcoming disappointment
- Achieving goals

Healthy Me

- Group dynamics (including peer pressure)
- Smoking and vaping: facts and effects on health
- Alcohol: facts and effects on health
- Healthy friendships
- Bodies belong to us (consent)
- Reporting Concerns
- Where to get help

Relationships (RSHE)

- Jealousy
- Love and loss
- Memories
- Getting on and falling out
- Girlfriends and boyfriends

Changing Me (RSHE)

- Unique me
- Puberty and menstruation
- Families
- Dealing with change and accepting change

Year 4 Safeguarding in the Curriculum



British Values in the Curriculum (some examples)

Tolerance / Democracy / Rule of Law / Mutual Respect / Liberty

- **R.E.** - Follows the Kingston Agreed Syllabus (spiral curriculum) - Christianity, Hinduism, faiths and non-religions (learning about other cultures and beliefs).
- **Science** - Digestion, teeth - taking care of ourselves
- **Art** - Art heroes and artwork from other cultures
- **Music** - Listening to music from other cultures
- **English** - The Tin Forest and The Iron Man (responsibility), Ottoline and the Yellow Cat (family dynamics), Voices in the Park (prejudice)
- **History** - What was happening in other parts of the world at this time? Is this the whole story?
- **Geography** - Differences around the world (weather and climate), distribution of resources (trading links)

Assemblies (whole school)

These themes are repeated throughout the school year and are delivered to a Y3/Y4 and Y5/Y6 assembly group.

- Ready, respectful, safe
- British Values
- Equality
- Young Carers
- Mental Health and Wellbeing
- Self-regulation
- British Values
- Firework/Bonfire Safety
- Water safety
- Road and rail safety
- Anti-Bullying
- Identity - LGBTQ+
- Safety in School (including OPAL)
- Disability
- Resilience
- Online Safety
- Consent and privacy
- NSPCC's PANTS
- Celebrating Differences
- Kindness
- First Aid
- Keeping Fit and Healthy
- Child on child abuse
- Respect for all
- Transition to new year groups
- Reporting concerns
- Where to get help
- Identifying visitors in school

Online Safety

Taught in PSHE and computing lessons.

- Strong and safe passwords (recap)
- Effective online searches
- Reliable information
- Screen time
- Using technology responsibly
- Online communities and groups
- Online bullying
- Where do I go to get help?

Additional Opportunities

- All children are made aware of safeguarding team and trusted adults they can speak to.
- Newsround - regularly discuss topic events as a class.
- Opportunity for circle time in response to a class or whole school need.
- Risk assessments are reviewed with children when taking part in external trips and visits.
- Additional roles and responsibilities allow children to see democracy in action (e.g. school council).

PSHE - Key Themes

Being Me in My World

- Setting personal goals
- Citizenship
- Rewards and consequences
- Democracy and community

Celebrating Differences

- Different cultures
- Racism
- Rumours and name calling
- Bullying
- Does money matter?

Healthy Me

- Smoking and vaping (risks)
- Alcohol (risks)
- Emergency aid
- Body image - relationship with food, media and social media
- Bodies belong to us (consent)
- Reporting Concerns
- Where to get help

Dreams and Goals

- Jobs and careers
- Supporting each other
- Keeping track of money

Relationships (RSHE)

- Personal qualities
- Safety within online communities
- Being in an online community
- Online gaming
- Screen time

Changing Me (RSHE)

- Self image and body image
- Puberty
- Conception
- Looking ahead to Year 6

Year 5 Safeguarding in the Curriculum



British Values in the Curriculum (some examples)

Tolerance / Democracy / Rule of Law / Mutual Respect / Liberty

- **R.E.** - Follows the Kingston Agreed Syllabus (spiral curriculum) - Christianity, Islam and Judaism studied (learning about other cultures and beliefs).
- **Science** - Force (explore dual meaning), life cycles, puberty
- **Art** - Art heroes and artwork from other cultures
- **Music** - Listening to music from other cultures
- **English** - Cosmic (family dynamics, being different), The Boy in the Tower (prejudice, mental health), Way Home (homelessness)
- **History** - What was happening in other parts of the world at this time? Is this the whole story?
- **Geography** - mountains, Europe, UK - comparisons (human and physical geography)

Assemblies (whole school)

These themes are repeated throughout the school year and are delivered to a Y3/Y4 and Y5/Y6 assembly group.

- Ready, respectful, safe
- British Values
- Equality
- Young Carers
- Mental Health and Wellbeing
- Self-regulation
- British Values
- Firework/Bonfire Safety
- Water safety
- Road and rail safety
- Anti-Bullying
- Identity - LGBTQ+
- Safety in School (including OPAL)
- Disability
- Resilience
- Online Safety
- Consent and privacy
- NSPCC's PANTS
- Celebrating Differences
- Kindness
- First Aid
- Keeping Fit and Healthy
- Child on child abuse
- Respect for all
- Transition to new year groups
- Reporting concerns
- Where to get help
- Identifying visitors in school

Online Safety

Taught in PSHE and computing lessons.

- Inequality and prejudice
- Positive and negative interactions online
- Where do I go to get help?
- Facts and opinions
- Evaluating content
- Fake news
- Using technology responsibly
- Screen time

Additional Opportunities

- All children are made aware of safeguarding team and trusted adults they can speak to.
- Newsround - regularly discuss topic events as a class.
- Opportunity for circle time in response to a class or whole school need.
- Junior Citizenship Day (keeping safe).
- Risk assessments are reviewed with children when taking part in external trips and visits.
- Additional roles and responsibilities allow children to see democracy in action (e.g. school council).

PSHE - Key Themes

Being Me in My World

- Goals, fears and worries
- Being a global citizen
- Democracy
- Choices and consequences

Celebrating Differences

- Understanding difference and the impact on someone's life
- Bullying and problem solving
- Power struggles
- Disability

Dreams and Goals

- Personal learning goals
- Steps for success
- My dream for the world
- Helping to make a difference

Healthy Me

- Taking responsibility for my health
- Drugs (uses and effects on the body)
- Exploitation (rule of law)
- Gangs (and risks involved)
- Emotional and mental health
- Managing stress and pressure
- Bodies belong to us (consent)
- Reporting Concerns
- Where to get help

Relationships (RSHE)

- Mental health
- Grief: love and loss
- Power and control
- Online - real or fake?
- Using technology responsibly

Changing Me (RSHE)

- My self image
- Puberty for girls and boys
- Conception

Adolescent friendships

Year 6 Safeguarding in the Curriculum



British Values in the Curriculum (some examples)

Tolerance / Democracy / Rule of Law / Mutual Respect / Liberty

- **R.E.** - Follows the Kingston Agreed Syllabus (spiral curriculum) - Christianity, non-religious views and Hinduism studied (learning about other cultures and beliefs).
- **Science** - nutrition and balanced diets
- **Art** - Art heroes and artwork from other cultures
- **Music** - Listening to music from other cultures
- **English** - Varmints (responsibility), Street Child (equality), There's a Boy in the Girls' Bathroom (equality, tolerance)
- **History** - What was happening in other parts of the world at this time? Is this the whole story?
- **Geography** - Natural disasters (impact on people and place), USA (distribution of resources), migration (UK)