

Burlington Weekly Reminders - 13 March 2026

★ Diary Dates

| | |
|----------------------|------------------------------------------------------------------|
| Tuesday 17th March | Carver Class to London Mithraeum |
| Friday 20th March | Comic Relief - Red Nose Day - wear red for £2 |
| Friday 20th March | Reports home |
| Monday 23rd March | Easter egg competition - please bring your creations into school |
| Tuesday 24th March | Parents evening 4-7pm online |
| Tuesday 24th March | Turing Class to London Mithraeum |
| Wednesday 25th March | Parents evening 2-5pm in person EARLY CLOSE at 2pm |

★ RBO Youth Opera

RBO Youth Opera Programme Applications (2026-2027)

The Royal Ballet and Opera have opened applications for places on our FREE Youth Opera programmes starting in September 2026. We invite applications from all enthusiastic young singers living in and around London, who will be aged 8 –11 on 1st September 2026 (currently in Years 3-5).

Young Voices Programme

Young singers who will be aged 8 on 1st September 2026 are invited to apply for our Young Voices programme – a FREE 6-month singing programme aimed at developing participants' vocal skills and musical literacy.

Youth Opera Company

Young singers who will be aged 9-11 on 1st September 2026 are invited to apply for our Youth Opera Company programme – a FREE multi-year in-house chorus which offers all-round training in the performing arts and opportunities to audition for the children's chorus in the Royal Opera Company's productions.

All applicants should be able to demonstrate:

- A passion for and commitment to singing
- An interest in drama and performing skills
- An enthusiasm for teamwork and collaboration

We particularly welcome applications from those typically under-represented within youth singing programmes including those who are from global majority heritages, lower-income backgrounds, those who are boys, and disabled children.

For more information regarding the RBO Youth Opera Programmes and how to apply, please visit our website here: [RBO Youth Opera Programmes](#)

Please submit your application by midnight on Sunday 10 May. Should you experience any issues completing the application form, please contact youthopera@roh.org.uk in advance of the deadline.

Subject:

School Health Night-Time Wetting Workshops – Information for Parents.

Dear Parents,

Re: School Health Night-Time Wetting Workshops to Support School-Aged Children

We are writing to introduce our *Night-Time Wetting Workshops for Parents and Carers*, designed to support families whose children are experiencing bedwetting at night.

Wetting the bed at night is common and is not caused by parental failure, laziness, or a lack of willpower. However, it can affect a child's confidence and emotional wellbeing.

School health is offering workshops approximately every six weeks until the end of the summer term. **The next date is the 24th of March.** The workshop aims to provide practical advice, reassurance, and evidence-based strategies to help children achieve night-time dryness in a supportive and positive way. Please find attached a flyer with more information about how to sign up.

Best Wishes,

School health team

Your Healthcare CIC

Hollyfield House, 22 Hollyfield Road, Surbiton, Surrey KT5 9AL

t: 07780444265

KU19-SchoolHealth@yourhealthcare.org

w: www.yourhealthcare.org

Night-time Wetting Workshop for Parents and Carers

Are you looking for support to help your child achieve night-time dryness?

Wetting the bed at night is common,
and isn't because of parental failure, lack of willpower or laziness.

Join our workshop to help your child build confidence and achieve dry nights!

What the workshop includes:

- Why children wet the bed
- Normal development of continence
- How to help your child become dry at night
- Where to find helpful resources
- A chance to ask questions

Workshop details:

- Delivered online by an expert team of School Nurses
- 6 workshops a year
- Open to parents and carers of school aged children who attend a state funded school in Kingston or are home educated and live in Kingston



"It was easy to understand and included very useful practical things to try. I found the discussion about emotional impact helpful, and it was good to know I am not alone"
Parent feedback

How to book a workshop place:

Scan the QR code or click the link to see upcoming dates and choose the date and time that works best for you!

Or you can contact the School Health Team:

Phone: 0208 549 6323

Email: 0-195.service@yourhealthcare.org

[Click here to book](#)



Useful websites you may like to look at before the workshop:

eric.org.uk



stopbedwetting.org



bbuk.org.uk

