

School council Notes of Meetings

Spring term

Year 3 Kusama Lara George	Year 3 Riley Alicia Varman	Year 3 Banksy Vincent Eleanor	Year 3 Samba Joel Lingrong
Year 4 Tesla Tami Aarav	Year 4 Turing Diana Jack	Year 4 Carver Eliana Sai	Year 4 Goodall Charlotte Toby
Year 5 Jemison Jackson Kesavi	Year 5 Sharman Dhilan Francesca	Year 5 Peake Imogen Harmand	Year 5 Wakata Elif Toby
Year 6 Bloom Sybil Jason	Year 6 Zephaniah Shano Zach	Year 6 Silverstein Daniel Pui Chi	Year 6 Eliot Marcel Amber

Spring term 2025. First Half term

Mental Health Ambassadors : School council are meeting with Hodman Keyre, MHST well-being practitioner to develop their understanding of mental health so they can promote mental strategies in their classes.

14.1.25 12- 12.25 Session 1 : What is mental health ? with Hodman, MHST and Mrs Case.

Group discussions

21.1.25 12 to 12.25 Session 2 Looking after ourselves Looking where we feel emotions in our body . Group tasks to draw and reflection

28.1.25 12 to 12.25 Session 3 learning about different parts of our brain and how we can use different strategies to support us.

4.2.25 School council and Mrs Case : Mental Health week assembly - sharing with the school a range of strategies. School councillors awarded a certificate of appreciation for attending MHST sessions. Later on in the Spring term - school councillors to have a lanyard for being a councillor and mental health ambassador.

Deciding on music to be played outside .