

## BURLINGTON JUNIOR SCHOOL

Headteacher: Mrs P Utting

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Burlington Road · New Malden · Surrey · KT3 4LT

04 March 2024

Dear Parents/Guardians

## **Fasting during Ramadan**

We are aware that the month of Ramadan will be starting next week and understand that some of our pupils will be fasting as part of their involvement during this time.

The school day is very demanding and children of primary school age may find it difficult to go without a meal and a drink at lunchtime. On a busy day of activities or if it's particularly warm, your child may not be able to participate if they are fasting and feeling unwell. Please keep this in mind when you plan and consider your fasting routines over the next few weeks.

Please can you follow the link below and complete the form to indicate each day your child will be fasting on a weekly basis. If we do not receive a completed form we will assume your child will be having a school lunch or packed lunch. We do need your permission for your child to fast whilst at school and require this in writing.

## https://forms.gle/1ZGiFx2M7rrM6gB67

If you have any questions please do not hesitate to contact the school office.

With thanks and best wishes

School Office Team

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