## School council 16.1.24

School council Year's 3 and Year 4 meeting with Mrs Case and Fulham YouthAction with Coach Reise and Coach Salli

- 1. Purpose to identify areas that can be improved.
- 2. Develop mental skills of school councillors so that they can teach their own classes.

30 minutes; 9- 9:30 Y3 and Y4 10:45 to 11:10 Y5 & Y6

Looked at ideas for projects that some individual pupils have identified as ideas and then added other ideas to it.

## Ideas from both sessions

Ideas	Discussions and possible actions From meeting
<ol> <li>Saving energy - eg turing lights off</li> <li>Social spaces outside, link to OPAL project , Hut areas pond area. Grow vegetables -</li> <li>Health food - not wasting food at the canteen</li> <li>Creating inside spaces when cold - More variety of sports and more footballs/ basketballs</li> <li>Developing mental health eg mental heath ambassadors/ warriors - weekly focus skills &amp; Mrs Case assembly</li> <li>Music outside - can we have different music</li> <li>Improve lighting in Y5 toilets</li> <li>After school clubs - some more ideas eg table tennis club, rugby , lunchtime club eg table football</li> <li>More adult helpers outside at lunchtime to help at the different stations</li> <li>Longer playtimes from Y3 school councillors - led us on to talking about class movement breaks</li> </ol>	<ol> <li>Having a light monitor, make a poster, or sign</li> <li>WWW Sand pit is going well, Digging area is really good fun, stage area is fun so we can dress up, we have new football goals with nets which is much better We could grow potatoes in sacks and a veg bed maybe hard with the new build going on. Action Lenen Zayd Musa to write to premier league charitable trust</li> <li>Food waste</li> <li>Spaces inside we have Rosen room, Y5 area, Junior hall when really cold</li> <li>Mental health</li> <li>Music outside - each class to choose 2 songs they would like on a playlist then we can let Miss Kanish know</li> <li>Toilet lighting - this part of the building will be knocked down so we are not improving it</li> <li>This can be shared with staff</li> <li>This has a financial cost so we are not able to do this</li> <li>Longer playtimes &amp; movement led us on to talking about class movement breaks . Some classes mentioned their teachers don't do movement breaks so will look at ideas next week . Eg more variety &amp;</li> </ol>

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doing things in pairs as the feedback was that some was a follow my leader type break . Also look at Sensory stations

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Mental health skill: Square breathing and Hand Breathing

Next session look at movement breaks - ideas eg sensory skills to help mental health