



# Pupil Safety Policy

<b>Written By</b>	<b>Senior Staff, School Office team</b>
<b>Frequency of Review</b>	<b>4 years</b>
<b>Date reviewed and approved by Governing Body</b>	<b>November 2021</b>
<b>Date of next review</b>	<b>November 2025</b>
<b>Display on Website</b>	✓
<b>Purpose</b>	The School ensures that there are clear protocols when monitoring pupil safety
<b>Consultation</b>	<b>Governors</b> ✓
	<b>Parents</b> ✓
	<b>Pupils</b> x
	<b>Staff</b> ✓
<b>Links with other policies</b>	Safeguarding Child protection Health and safety

### **Drug safety**

At Burlington Junior School our drugs education is mainly delivered in the classroom by the class teacher, across the curriculum in PSHE, Science and Circle Time. We would also seek the advice of the Health team/school nurse and, where appropriate, Education Welfare Social Services and SPA. All the below features are covered within a spiral curriculum, which is visited regularly.

- Safety.
- Support and help.
- Medicines & illegal drugs – the reasons why people take them
- Risks.
- Peer culture and pressure.
- Self esteem and self worth.
- Choices and decision making.
- Health and taking care of myself.
- Respect for self and others.
- Skills for assertion/sticking up for themselves.
- Media/stereotypical/representation about drugs, including cigarettes.

### **Sun Safety**

Sun safety is taught through PSHE lessons, in assembly time and reminders are also sent out to parents via the newsletter. The message for both parents, children and staff is:

- Stay out of the sun as much as possible during the middle of the day.
- Stay in the shade whenever possible – especially at lunch time when the sun is at its hottest. Only play in the sun for short periods of time.
- Wear loose fit clothes made of tightly woven fabric to keep you cool and keep the sun off your skin.
- Always put high factor sun cream on before and after school. Bring your own lotion to school for your teacher to look after until you need it.
- Put on a cap to protect your eyes, face, ears and neck from the sun.
- Remember to bring your water bottle to school and to drink lots of water throughout the day.

### **Healthy Eating**

Healthy eating is taught through science, PSHE, in assemblies and monitored every day in the lunch hall. Regular reminders about what should be in a packed lunch are sent out via the newsletter to parents. We adhere to the following:

- To ensure that all aspects of food and nutrition in school promote the health and wellbeing of the whole school community.
- To ensure that all members of the school community are able to make informed choices and are aware of the importance of healthy food, where food comes from and the need to support sustainable food and farming practices.
- To enable pupils to make healthy food choices through the provision of information and development of appropriate skills including food preparation.
- To ensure that the mandatory food based standards are implemented (our catering Company Raddish are responsible for this aspect of checking food standards).
- To take a whole school approach to healthy eating to ensure that messages taught in the curriculum are echoed and reinforced by the type of food and drink provided in school.
- All our school meals are provided by a contracted caterer who has a healthy food policy. This includes the use of fresh fruit and vegetables each day as a choice for the children.
- Many children bring a packed lunch to school. We regularly include items in the weekly bulletin about the contents of these. We do not allow sweets, chocolate covered items, salted snacks e.g. crisps etc, fizzy drinks or drinks other than fruit juice or water.

### **Asthma**

We have children who have asthma at Burlington. We always work with parents to support children with asthma to access a broad curriculum, especially PE, as well as to enjoy outside playtimes and activities wherever possible. At Burlington we adhere to the following:

- To ensure that pupils with asthma can and do participate fully in all aspects of school life, including art lessons, PE, science, visits, outings or field trips and other out-of-hours school activities.
- To recognise that pupils with asthma need *immediate* access to reliever inhalers at all times. Pupils with asthma are encouraged to carry their reliever inhaler to PE and on school trips. At all other times, inhalers will be kept with the class medical kit in the office. This is however, unless it is deemed necessary to keep that inhaler in class.
- The office to keep a record of all pupils with asthma. Class teachers to be informed of children with asthma in their class or year group.
- All inhalers must be labelled with the child's name by the parent/carer. Parents/carers to check that inhalers are in date on a regular basis.

Agreed by Staff and Governors September 2021