



BURLINGTON JUNIOR SCHOOL

Headteacher: Mrs P Utting

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Fitness Week and Sports' Day

Monday 22nd May 2023

Dear Parents,

We are pleased to announce the dates of our annual Fitness Week which will take place from **Tuesday 6th June - Friday 9th June**. During the week the children will be engaged in lots of different sport and fitness based activities. We have arranged for a number of coaches and volunteers to come and teach the children different skills. It should be a very exciting week.

During the week, **children can come to school in their P.E. kit (including trainers) every day. They will also need a named water bottle, a hat and sunscreen in case the weather is particularly warm.**

Our Fitness Week will conclude on **Friday 9th June with Sports' Day**. Children will take part in a number of different activities and receive scores for each event. These scores will be added together to produce our normal grand total for each house. This will be followed by a sprint race which will not be part of the grand total but children will receive stickers for their efforts. The sprint races are time dependent so if we are unable to complete sprints on this date, the children will complete this in a future P.E. lesson. **Please can you ensure your child is wearing their house-coloured P.E. T-shirt on Sports' Day.**

The timings for the Sports' Day are as follows:

Year 3 9.00 - 10.00am

Year 4 10.15 - 11.15am

Year 5 11.30am - 12.30pm

Year 6 2.00 - 3.00pm

We welcome spectators for Sports' Day. To make your way onto the field, please enter via the small black entrance gate next to the Bridge Building (previously the Children's Centre) and a member of staff will let you in. Once on the field, you will be able to follow your child as they complete the different events and cheer them on. You are welcome to bring a chair or something to sit on if you wish. When you leave, you will exit via the Blagdon Park gate.

We are happy for you to take photographs of your child during Sports' Day; however, these are for personal use only and must not be uploaded onto social media.

We hope that the children have a memorable and enjoyable Fitness Week.

With best wishes,

Mr Blow (Deputy Headteacher)

Burlington Road · New Malden · Surrey · KT3 4LT



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