

# Burlington Junior School

## SEND Newsletter



November 2022 - No:4

We would like to thank all the parents and carers who came along to the Parent Workshop 'Supporting Memory' on Thursday 10th November. It was great to see you all. Please could you spare a couple of minutes to complete this [feedback form](#) as your comments are important to us.

We will be running more parent workshops in the New Year and dates will be sent out once they are confirmed.

This will be the last SEND Newsletter of 2022. We hope you have a great Christmas and a peaceful New Year. Christmas can be a tricky time for many children with SEND and they are often edged with anxiety. Too many choices, too many Christmas adverts, bright lights, music and lots of Christmas shoppers on the streets, are a constant reminder of the big day ahead! It is important that we keep them calm, and us too! Here are some useful tips to help us through the festive period. [Christmas Tips](#)

### Dates for your diary

**SEN Parent Meetings (Please ensure that you have returned the reply slip for your appointment)**

**Year 3:** Kusama, Riley and Samba Class - **Monday 28th November 2022**

**Year 3 & 4:** Banksy, Carver and Tesla Class - **Tuesday 29th November 2022**

**Year 4 & 5:** Goodall and Jemison Class - **Wednesday 30th November 2022**

**Year 5:** Sharman Class - **Thursday 1st December 2022**

**Year 5:** Peake and Wakata Class (and additional Year 6's) - **Monday 5th December 2022**

**Year 6:** Zephaniah and Bloom Class (and additional Year 3's) - **Tuesday 6th December 2022**

**Year 6:** Eliot and Silverstein - **Wednesday 7th December 2022**

**Additional meetings - Thursday 8th December 2022**

**Year 4:** Turing Class - **Monday 12th December 2022**

### Understanding Autism Webinar

'Understanding Autism' is one of the Autism Seminars for Families which provides information and advice to parents and carers of children who have received a diagnosis of autism or are on the pathway for an assessment of autism. The webinar will help families to:

- Develop an understanding of autism
- Discuss experiences of getting a diagnosis
- Identify how autism can affect families
- Explore practical ideas for developing communication strategies

The cost is free while the seminars are being delivered as a shortened webinar during the school day and will be limited to 30 people on a first come first served basis.

### How to book a place

Please complete the registration form by following this [weblink](#) or contact the webinar facilitator below for more information.

**Jane Pidduck**

**020 8399 5344**

**[jpiddu2@grandavenue.kingston.sch.uk](mailto:jpiddu2@grandavenue.kingston.sch.uk)**

**CIC Express** are an independent, user led, not for profit voluntary sector organisation based in the borough of Kingston upon Thames. They support young people on the **autism spectrum** and raise awareness and acceptance in the community. They offer lots of services to both children and parents. If you would like to know more about this organisation click [HERE](#)

### **Achieving for Children**

To access helpful SEND information please click [HERE](#)



### **Things to do**

**Access London** offer accessibility to lots of theatre performances around London, for children with SEND. For more information click [HERE](#)



**ADHD Embrace** have upcoming events for parents and carers of children with ADHD. Click [HERE](#) for more information and to register.

**Autism friendly cinema** - Autism-friendly screenings are sometimes called relaxed or sensory-friendly screenings. Adjustments are made to reduce stress and sensory input, such as low lighting and sound, freedom to move and staff trained in autism awareness. Click [HERE](#) for screening information.

If your child prefers a bit of quiet, down time over the holiday then the **Book Trust** has lots of books on offer for children to help improve and understand the different experiences of Autism.

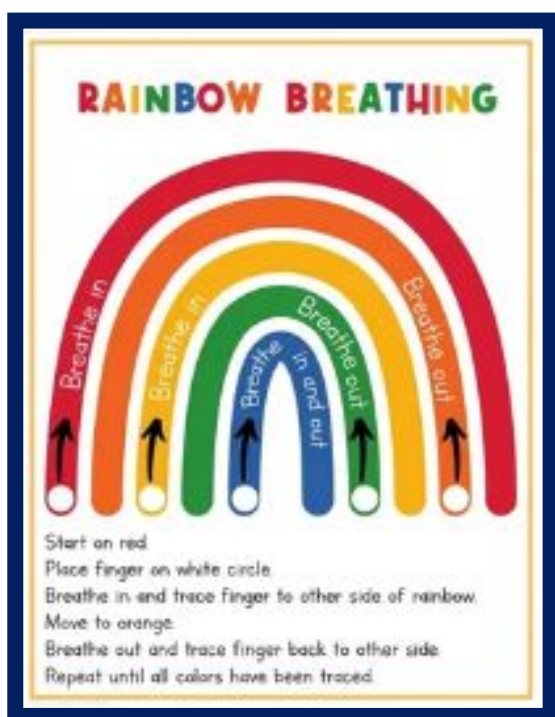
Please click [Here](#) to see a selection of books that feature characters on the autistic spectrum.



**Families Magazine** also list lots of fun things to do and places to visit. Click [HERE](#) to find out what's on.

The **Local Offer** for children and young people with Special Educational Needs and Disabilities (SEND) in Kingston and Richmond offer a variety of activities. Please click [HERE](#) for more information.

### **Don't forget to breathe!**



**Touch typing Christmas course for 7 – 18s**  
**St Joseph's Primary School, Kingston KT1 2UP**  
**Monday 19 – Thursday 22 December, 2022**  
**10:00 – 12:15 pm daily**

Beginners, improvers and advanced typists warmly welcome.

Touch type up to 40 words per minute using correct fingers and posture. Formal technique is taught with fun games and challenges. Cost: £160.00 (childcare vouchers accepted. 10% sibling and bring a friend discounts available.) To book a place visit [www.Typingscool.co.uk](http://www.Typingscool.co.uk) or email [sarah.holt@typingscool.co.uk](mailto:sarah.holt@typingscool.co.uk)



The **NSPCC** provide help and support for children and families and work closely with schools and professionals. If you would like help, advice or general information, you can access their website by clicking [Here](#)





## Linda Nystrom: SEND Parent Champion



Hi, I'm Linda Nystrom, SEND Parent Champion and parent of 2 Children in years 4 & 6 at Burlington Junior School. I volunteered for this role so that I could help parents and carers of children with special educational needs & disabilities (SEND), pass on my own knowledge of the services in the area that are available to you, and signpost you to whatever services and advice that you need.

I try to share as much of the local information sent to me, plus information and reminders about meetings at school, to a WhatsApp chat set up by parents for parents of SEND children within the school. I also arrange meeting up for coffee and walks sometimes too. If you'd like to be added to this WhatsApp group please get in touch via the contact form below, or ask Mrs Case to pass on your details to me.

I also aim to be at the main school gates on a WEDNESDAY between 8.45am-9am and 3pm-3.20pm, where I invite you to talk to me should you have anything you'd like to ask me, or to pass on a contact form.

To find out more about the parent champion scheme, scan this QR code.

