

# BURLINGTON JUNIOR SCHOOL

Headteacher: Mrs P Utting

020 8942 2687

admin@bjs.rbksch.org

www.burlingtonj.kingston.sch.uk

Burlington Road · New Malden · Surrey · KT3 4LT

Tuesday 3<sup>rd</sup> May 2022

Dear Parents/Guardians,

After half term, as part of our PSHE curriculum, we will be looking at growing up, body changes and babies growing. We will look at where baby animals come from and talk about the changes young animals must go through before they can produce their own young. We will also outline how a fetus develops into a baby in its mother's uterus and look at how mothers feed their young. As part of this unit, we will discuss changes that occur as girls and boys grow into young adults, and always use the correct vocabulary when describing parts of the body.

Please find attached to this letter, the outline of the sequence of lessons that we will be teaching the children. Relationship and Sex education (R.S.E) is a compulsory part of the curriculum in England. This change was made in September 2020 and the government set out the aspects of the curriculum to be covered at primary level. These are the objectives that we will be covering and are outlined overleaf.

If after reading the curriculum coverage, you have any concerns or questions, please email myself at the [parent@bjs.rbksch.org](mailto:parent@bjs.rbksch.org) email address. I will endeavour to answer your questions as fully as possible.

Yours faithfully,

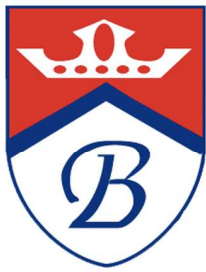
Miss L Duncombe  
Year 3 Leader

Additional information can be found here:

- Burlington website – Key information – RSE - <https://www.burlingtonj.kingston.sch.uk/page/?title=Relationships+Education+%28RSE%29&pid=162>
- Burlington RSE policy <https://www.burlingtonj.kingston.sch.uk/attachments/download.asp?file=3808&type=pdf>
- Government guidance on RSE

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary#sex-education-primary>





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## Puzzle 6 - Changing Me

### Puzzle Map - Ages 7-8

Weekly Celebration	Pieces	PSHE learning intention	Social and emotional development learning intention
Understand that everyone is unique and special	1. How Babies Grow	I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby	I can express how I feel when I see babies or baby animals
Can express how they feel when change happens	2. Babies	I understand how babies grow and develop in the mother's uterus I understand what a baby needs to live and grow	I can express how I might feel if I had a new baby in my family
Understand and respect the changes that they see in themselves	3. Outside Body Changes	I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies I can identify how boys' and girls' bodies change on the outside during this growing up process	I recognise how I feel about these changes happening to me and know how to cope with those feelings
Understand and respect the changes that they see in other people	4. Inside Body Changes	I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up	I recognise how I feel about these changes happening to me and know how to cope with these feelings
Know who to ask for help if they are worried about change	5. Family Stereotypes	I can start to recognise stereotypical ideas I might have about parenting and family roles	I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes
Are looking forward to change	6. Looking Ahead Assessment Opportunity ★ Puzzle Outcome: Ribbon Mobiles	identify what I am looking forward to when I move to my next class	start to think about changes I will make next year and know how to go about this

