



Burlington Junior School



P.E. Overview

2021 - 2022

Term	Year 3	Year 4	Year 5	Year 6
Autumn One	<u>Outdoor:</u> Ball Skills <u>Indoor:</u> Gymnastics (individual apparatus)	<u>Outdoor:</u> Football Basics and Development <u>Indoor:</u> Gymnastics (linked Apparatus)	<u>Outdoor:</u> Football skills <u>Indoor:</u> Swimming / Gymnastics (mounting)	<u>Outdoor:</u> Football skills <u>Indoor:</u> Gymnastics (Routines and Dismounting)
Autumn Two	<u>Outdoors:</u> Uni-Hockey <u>Indoor:</u> Dance (Magic)	<u>Outdoors:</u> Hockey <u>Indoor:</u> Country Dance	<u>Outdoors:</u> Hockey <u>Indoor:</u> Yoga / Swimming	<u>Outdoors:</u> Hockey <u>Indoor:</u> Circuits
Spring One	<u>Outdoors:</u> Tag Rugby - Invasion Games <u>Indoor:</u> Skipping	<u>Outdoors:</u> Catching and Throwing <u>Indoor:</u> Swimming	<u>Outdoors:</u> Handball <u>Indoor:</u> Floor gymnastics	<u>Outdoors:</u> Tag Rugby <u>Indoor:</u> Dance - Ballet Boyz
Spring Two	<u>Outdoors:</u> Multi-skills Games <u>Indoor:</u> Floor gymnastics	<u>Outdoors:</u> Basketball <u>Indoor:</u> Swimming / Yoga	<u>Outdoors:</u> Netball <u>Indoor:</u> Dance (Bhangra & Street Fusion)	<u>Outdoors:</u> Basketball <u>Indoor:</u> Floor Gymnastics (Rhythmic)
Summer One	<u>Outdoors:</u> Athletics or Bat and Ball Games	<u>Outdoors:</u> Athletics or Kwik cricket	<u>Outdoors:</u> Baseball or Tennis	<u>Outdoors:</u> Athletics or Cricket
Summer Two	<u>Outdoors:</u> Accuracy Games or Racket Sport	<u>Outdoors:</u> Baseball (T-ball) or Tennis	<u>Outdoors:</u> Athletics or Cricket	<u>Outdoors:</u> Rounders (strategy) or Tennis