



Years 5 and 6



Things you must do by the time you leave Burlington!

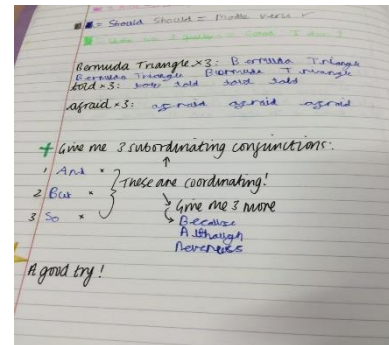
Getting ready:

- Sew a button on.
- Visit a secondary school.
- Cook a healthy, hot meal.
- Swim 25 metres.
- Know how to use the internet safely.



Reflecting and responding:

- Keep a gratitude diary for a week.
- Visit a place of worship that you've never been to before.
- Meditate for 5 minutes.
- Attend a parents' evening.
- Write a letter to a family member about an important event.



Every child achieves:

- Pass Bikeability.
- Compete in a sports event.
- Be part of a public performance.
- Support a peer with their learning.
- Learn to count to 10 in another language.



Attitudes:

- Help someone in the community.
- Do a kind deed once a day for at least a week.
- Offer to take on household chores for the day.
- Know the British values off by heart.
- Make a card/ wrap a gift for a loved one.



Targets:

- Complete 10 targets in Maths and English over the course of one year.
- Set a personal target to achieve this year.
- Help a friend meet their target.
- Set a new personal best in an activity such as running, chess or swimming.
- Read 5 books by different authors.

